

HUMANA PEOPLE TO PEOPLE INDIA

Community Development Project, Lucknow

Monthly Progress Report- August, 2017

Project in Numbers:

S. No.	Activities	Plan	Result	Diff- (+/-)
Village Action Group				
1	No. of meeting with village Action Groups	10	10	00
2	Participated in Gram Panchayat meetings	05	05	00
Self Help Group (SHG)/ Women group				
1	No. of monthly meetings with SHGs	12	12	00
2	No. of monthly meetings with women groups	22	22	00
3	Sewing classes (Ongoing)	15	19	04
4	Leadership training with CBO leaders	01	01	00
5	No. of participants in the leadership training	40	49	09
Hindi literacy Classes for SHG/Women Group members				
1	No. of women attending the literacy classes (Ongoing)	14	20	06
Activities with the Youth Club				
1	No. of monthly meetings with youth	10	10	00
2	Total enrollment in computer class (Ongoing)	00	43	43
Activities with Adolescent Girls				
1	No. of meetings on reproductive health, early marriage and personal hygiene	16	16	00
Health and Sanitation				
1	Cleaning Actions	02	02	00
2	Nutritious Food Trainings	02	02	00
3	Video screening on health awareness	01	01	00
3	Kitchen Gardens established	00	10	10
4	Visits to Kitchen gardens	143	143	00

Key Activities of the month:

Hindi Literacy Classes for Women -The project unit enrolled 20 illiterate women belonging to the project's SHGs & Women groups last month. The aim of organizing such classes was to enable women to write their name, read and write the names of their family members and learn basic Hindi and Alphabets. The project team teaches five women each from Nayapurwa, Jhilhilapurwa, Bhedankhera and Bagiyamau villages for the Hindi literacy classes, in which they teach them basic Hindi and Alphabets for one hour every day.

Organized Training on Nutritious Food - The project organized training programs on nutritious food in Mahamudpur and Bagiyamau villages on 18th and 30th August respectively, wherein, they trained 96 women on healthy eating habits. The project leader gave a brief introduction about the day's program and explained how one can improve their nutritious

intake by establishing homestead kitchen gardens. The project staff, Ms. Pushpa Rawat explained about the benefits of Moringa leaves and how these can be included in their meals while cooking food. Focusing on a balanced diet, the nutritional content of fresh Moringa leaves was explained during the program. The project team also prepared Moringa leaf fritters and other dishes and served to the participants. While discussing the program with the participants, they praised the project activities and admitted that they didn't know the benefits and uses of Moringa leaves. They were motivated to eat fresh vegetables and use grey water for irrigation. The community women thanked HPPI & Ansal API for providing such trainings to them.

Organized Cleaning Action - In the reporting month, the project organized cleaning action in two villages, namely, Nijampur and Guswal on 10th and 28th August, respectively. A total of 80 people participated in the action, involving 30 people from Nijampur and 50 from Guswal. The project leader gave a brief introduction of the project and its activities and discussed how we can keep our surroundings clean and save the environment. The project team went door to door and met people to convince them for participating in the cleaning action and make it successful. Project staff, Sunita Kaul explained about the day's program and highlighted the importance of maintaining clean surroundings.

During the cleaning action, a rally was organized in respective villages to spread awareness on health and hygiene. In the rally, Ms. Sunita Kaul explained that health and wellness are influenced by the places in which people live, work and play. Healthy and safe community environments include those with clean air, water and surroundings so, awareness needs to be generated in the Communities, including homes, schools, and public spaces. After the rally, the participants cleaned the streets and areas surrounding their homes. They promised to keep their surroundings clean in future as well.

Video Screening on Health Awareness, Cleanliness and Adolescence - To generate health awareness among people, the project organized a video screening in Jhilhilapurwa villages on 16th August, 2017. In all, 45 people watched the video highlighting the issues of health, hygiene, sanitation, cleanliness, nutritious food and adolescence. The project leader gave a brief introduction about the project activities and the objective of screening the videos in their villages. As community awareness is of prime importance to ensure that people conduct themselves in a desirable manner, the project screened the videos focusing on such content. The women and girls from the community got to learn about these consequential issues, which would help them to focus on their health and hygiene.

Leadership Training program: - The project had organized Leadership training with CBO leaders for building their capacities and empowering them to take independent initiatives in the village interventions. 49 CBO leaders participated in the training, which took place at the CDP office on 23rd August. The project invited Mr. Natthu Singh from the Head Office and Mr. Ashok Yadav from Link Worker Scheme project, Lucknow as the guests. The project Leader explained about the project & HPPI, the need for organizing these training to build the capacities of the CBO leaders. The participants were given training on inter-loaning activities, group meetings, maintaining registers, record keeping, etc. The training also covered topics such as women empowerment, health and sanitation, cleanliness of school children, etc. The participants appreciated the training program and said that they have learnt to take ownership to run the groups in a better way.

Established Kitchen Gardens - The project team facilitated in establishing 10 kitchen gardens in the homes of families, belonging to Community Based Organization(CBO) groups from Nayapurwa and Mahmudpur, villages. The families were provided seeds of, Pumpkin, Cucumber, Bitter gourd, by the project team. They were motivated to eat fresh vegetables and use grey water for irrigation.

Visit to Kitchen Gardens - In August, the project team visited 143 kitchen gardens, which were established with the help of the project. The staff met those women who are taking care of these gardens and discussed their progress. The women are happy to have established these kitchen gardens in their homes, as they are able to get organic and fresh vegetables from there, without spending any money.

During the field visit to Bagiyamau village, the project staff Pushpa Rawat met Radha, a member of one of the Women's group, and discussed the progress of her garden. She said that her family is very happy as she cooks fresh vegetables picked from her kitchen garden, without ever using chemical fertilizers there. Due to the effects of bad weather and heavy rains, out of 143 kitchen gardens, 15 were found damaged while visiting Hasanpur Khewali, Ahimamau, Bagiyamau and Guswal villages.

Glimpses from the Project:



Computer Literacy Classes for Community's Youth



Hindi Literacy Classes for Community Women



Community Women in her Kitchen Garden



Leadership Training at the Project Office



Adolescent Girls Group Meeting