

# Community Development Project, Lucknow

## Monthly Progress Report- January, 2018

### **Project in Numbers:**

S. No.	Activities	Plan	Result	Diff- (+/-)
<b>Village Action Group</b>				
1	No. of Meeting with village Action Groups	10	10	00
2	Participated in Gram Panchayat Meetings	05	05	00
<b>Self Help Group (SHG)/ Women group</b>				
1	No. of Monthly Meetings with SHGs	12	12	00
2	No. of Monthly Meetings with Women Groups	22	22	00
3	No. of students in Sewing Classes	15	20	05
4	Leadership Training with CBO leaders	01	01	00
5	No. of Participants in Leadership Training	30	46	16
<b>Hindi literacy Classes for SHG/Women Group members</b>				
1	No. of Women Attending the Literacy Classes	10	10	00
<b>Activities with the Youth Club</b>				
1	No. of Monthly Meetings with Youth	10	10	00
<b>Activities with Adolescent Girls</b>				
1	No. of Meetings on Reproductive Health, Early Marriage And Personal Hygiene	16	16	00
<b>Health and Sanitation</b>				
1	Cleaning Action	01	01	00
2	Video Screening on Health Awareness	01	01	00
3	Nutritious Food Training	01	01	00

### **Major Activities of the Month:**

**Hindi Literacy Classes** - In January, the project continue to capacitate the village women by organizing Hindi literacy classes for members of SHGs and Women's groups at Bagiyamau and Mahmudpur villages. The project staffis helping them to learn Hindi alphabets, reading words and small sentences and numbers. The project staff revises the task of the previous class to reinforce learning, make them practice and be fluent in Hindi. They are also asked to repeat the given exercise in their home. The women are happy to be attending these classes as it gives them a sense of empowerment, as they feel that they are becoming capable of reading and writing basic things like their names, names of their family members, their village, etc.

**Meeting with Panchayati Raj Institution (PRI) Members** - In the reporting month, the project conducted meeting with village Pradhans, wherein, they met all the five Pradhans in the project's operational area. Earlier, the monthly meeting with all PRI members or villagers at the panchayat level was not being organized regularly. Therefore, the project staff directly went to their home or panchayat office and met them individually. During these meetings, the project staff discussed the project intervention in their area and updatedthem about the monthly plan.They also discussed about the govt. schemes at the panchayat level, which may

help the community people. They were invited to participate in the project events every month.

**Organized Training on Nutritious Food** - The project organized a training program on nutritious food in Nijampur village on 10<sup>th</sup> January, wherein, they trained 60 women on healthy eating habits. The project leader gave a brief introduction about the day's program and explained how they can improve their food habits and include nutritious food in their daily diet.

The project staff, Ms. PushpaRawat explained about the benefits of Moringa leaves and how these can be included in their meals while cooking food. Focusing on a balanced diet, the nutritional content of fresh Moringa leaves was also explained during the program and participants were told about the availability of these leaves in surrounding villages. The project team also prepared Moringa leaf fritters and other dishes and served to the participants. While discussing the program with the participants, they praised the project activities and admitted that they didn't know the benefits and uses of Moringa leaves. They were motivated to eat fresh vegetables and use grey water for irrigation.

After the program, the project team discussed the effectiveness of organizing such events with the participants. They all appreciated the program and asked the project team to organize such programs more often. Ms. Preeti said that, it was a very good program as we were able to learn many new things about nutrition and health.

**Video Screening on Health Awareness, Cleanliness and Adolescence** – To generate health awareness among people, the project organized a video screening in Mahmudpur village on 12<sup>th</sup> January. In all, 36 people watched the videos highlighting the issues of health, hygiene, sanitation, cleanliness, nutritious food and adolescence. The project staff gave a brief introduction about the project activities and the objective of screening the videos in their villages. As community awareness is of prime importance to ensure that people conduct themselves in a desirable manner, the project screened the videos focusing on such content. The women and girls from the community got to learn about these consequential issues, which would help them to focus on their health and hygiene.

The project team discussed the day's program with the participants while distributing snacks and sweets after the event. Everyone appreciated the program and Ms. Ramwati said that she found the video very useful as she came to know about many things and got aware about health, hygiene, sanitation, cleanliness, nutritious food, etc. She also conveyed her gratitude towards HPPI&Ansar API for organizing such informative event in their village.

**Leadership Training program** - The project team organized Leadership Training on 23<sup>rd</sup> January with community Based Organization (CBO) leaders to build their capacities and empower them to take independent initiatives in the village interventions. The training was organized at the CDP office, wherein, 46 CBOs leaders participated. The project invited Mr. Sachin Kumar (M&E Officer) from Link Worker Scheme project, Lucknow, as a guest during the event. The project Leader explained about HPPI, the project, its activities and the need for organizing these trainings. The participants were trained on different Govt. schemes like PMJJBY, PMSBY, SSY, inter-loaning activities, regular group meetings, maintaining registers, record keeping, etc. The training also covered topics such as women empowerment, health and sanitation. During the event, it was highlighted that leaders provide a process by which members explore options and alternatives and they offer their support as

the members carry out this process and their respective choices. Also, they were told that, though the leaders focus is upon the group, they do not lose sight of the individual. They view each member as unique. Members tend to be seen as equals, deserving mutual respect and consideration for the values they hold as individuals. They see all members as potential teachers, having a reservoir of knowledge and experience. After finishing training program, the project team distributed Snacks and sweets to the participants.

**Organized Cleaning Action** –On 17<sup>th</sup> January, the project team organized a cleaning action in Tantaha village, in which 35 community people participated. The project staff gave a brief introduction of the project and discussed how one can keep their surroundings clean and contribute towards saving the environment. The project team generated awareness on the issue by doing door to door visits and meeting people to convince them for participating in the cleaning action. Project staff, SunitaKaul explained about the day's program and highlighted the importance of maintaining clean surroundings.

During the cleaning action, a rally was organized in the village to spread awareness on health and hygiene. Ms. SunitaKaul explained that health and wellness are influenced by the places in which people live, work and play. A safe community environment is one which has clean surroundings, air, water etc. The community people cleaned the areas outside their homes, including the lanes, by-lanes and the drains. After the cleaning Action, the cleanliness they witnessed, motivated them to organize such a cleaning action regularly. They said that they have learnt the importance of cleanliness, health and hygiene through this activity and they would continue to keep their surroundings clean.

## Glimpses from the Project:



**Video Screening on Health Awareness, Cleanliness and Adolescence**



**Hindi Literacy Classes**



**Meeting with PRI Members**



**Sewing Classes**



**Meeting with the Self Help Group**



**Training on Nutritious Food**